

REFERRAL FORM - IV SEDATION

Referring Doctor: _____ Office: _____
 Patient: _____ DOB: _____ Gender: M / F
 Address: _____
 City: _____ Postal Code: _____
 Telephone: (Home) _____ (Cell) _____ Email: _____

Treatment Recommended Under IV SEDATION:

- Oral Surgery: _____
- Resto: _____
- RCT & Crown: _____

Does the patient have difficulty having blood drawn? YES NO

Which area does the patient normally have an IV placed? _____

Additional Comments:

Relevant Medical History:

Referral Checklist:

- IO Photos & Patient Profile Pic (if available)
- Relevant X-rays **Radiographs Enclosed:** FMX PA BW PANOREX CEPH
- Tracker Patient Info - including notes from the date of the appointment that prompted referral
- Med Hx - MUST BE UP TO DATE & INCLUDE PRESCRIPTION HISTORY FROM THE PHARMACY
- Patient given "What is Conscious Sedation, Sedation Checklist, Pre Op and Post Op" package
- Appointment fees discussed with patient **Patient Initials:** _____

Fee for parenteral conscious moderate sedation 92448: \$500 flat fee this is in addition to treatment costs

Referral Form Completed by: _____

CONSCIOUS SEDATION

What is it?

Conscious sedation is an altered state of consciousness, where you become disassociated with your surroundings. Memory, anxiety levels, and perception of pain are greatly reduced, and you become very relaxed and comfortable. For example, most people having conscious sedation “think” they have been asleep because they cannot remember anything that went on from the time the sedation was started to the time they left the office.

How Is It Different from Being Asleep?

“Being asleep” for dental treatment is called general anesthesia. It differs from conscious sedation in many ways. First of all, you are unconscious and your reflexes are diminished considerably, to the point where you must have someone breathe for you through a tube placed down your windpipe. Secondly, the drugs used are very potent and may have undesirable side effects during and after the procedure. Complications tend to increase the longer you are asleep, and you may wind up very nauseous afterwards. This adds up to more risk and considerably more personnel to monitor you during and after the procedure. For this reason, it is usually done in a hospital setting where proper support is available.

Who Is It for?

Any reasonably healthy person can have conscious sedation with ANY dental procedure, whether it is having your teeth cleaned or dental surgery.

How Will It Feel?

Essentially, you are awake, but you will remember very little and feel no discomfort. What you do recall will not be unpleasant. For example, most people do not recall or feel any part of the procedure, including numbing of the teeth.

When your appointment is over, the effects of the sedatives may last for several hours and you may be groggy most of the day of your appointment.

How Is It Done?

The sedative medication can be administered intravenously. This way your dentist can be sure you receive the right amount of sedation.

It can also be achieved via taking an oral medication prior to your dental appointment and adding the use of nitrous oxide.

Is It Safe?

Yes, but it is very important that you let us know about any and all medications you are taking (including alcohol) and any medical problems that you may have had so that the sedation procedure can be altered to reflect your special needs. For some, a consultation with your physician will be helpful in preventing unanticipated problems.

Sedation Appointment Checklist

Sedation will make your dental treatment a very pleasant experience. It is suitable for most people, but if you are not in good health or taking medication, please tell us so the sedation can be modified to suit your needs.

Therefore, you must report: Any and all personal illness or allergies – no matter how insignificant they may seem to you. Any medication you have taken within the last three weeks.

Preceding your appointment, you must plan your day so that the following instructions can be observed:

1. **DO NOT DRIVE!** A responsible adult must drive you TO our office, and wait inside the building until your sedation has begun. Someone must escort you FROM the office and drive you directly home after the appointment. If you arrive at our office unescorted, we will not be able to proceed with the appointment. Your escort will need instructions when your procedure is done, please have him/her speak with the dental team when dropping you off.
2. Do not eat or drink anything for at least 8 (eight) hours preceding your appointment.
3. Medications that you take on a daily basis can and should be taken at the normal time with a minimal amount of water only, unless directed otherwise by the dentist.
4. For oral sedation, please take prescribed medication 1 hour before dental appointment.
5. No Alcohol or narcotic drugs 24 hours before appointment. We will not be able to safely sedate you if you have consumed alcohol, narcotics of any type (including Vicodin, Hydrocodone) or any street or recreational drugs.
6. Wear loose fitting clothing with sleeves that can be drawn up past the elbow, and wear comfortable shoes and socks.
7. Remove contact lenses.
8. No fingernail polish or artificial nails.
9. Leave all valuables, purse, wallet and watches at home or with your escort.
10. Be on time for your appointment!

*Failure to observe instructions will automatically result in cancellation of your appointment.

POST-OPERATIVE INSTRUCTIONS

The sedative drugs used will cause drowsiness for several hours and alter your judgment and reflexes substantially. They will also alter the actions of certain other drugs.

Therefore, following your appointment you must specifically agree to:

1. Not to drive or operate machinery for 24 hours.
2. Not to undertake responsibilities, actions, or important decisions (including watching children and cooking).
3. ABSOLUTELY NO ALCOHOL 24 hours before or after treatment.
4. Not to take any other drugs without prior approval.
5. Nutrition after sedation is important. Begin eating appropriate foods as soon as possible.
6. Drink fluids as soon as possible.
7. Always hold the escort's arm when walking and do not go up and down stairs unattended.
8. Please call the office if you have any questions or difficulties. The doctor's contact number is listed below for any concerns after office hours.
9. If you feel that your symptoms warrant a physician and you are unable to reach us, seek attention at your local emergency room immediately.

I have read the above instructions and agree to follow them.

Signed _____

Date _____

Emergency Contact Number: Dr. Takhar 519-564-9126